



Zest Courses:

Lively, engaging, creative, interactive and enjoyable!

All our courses can be delivered either to groups or tailored to one on one coaching. Please contact us with any queries: we promise a prompt, informative and friendly response.

We are constantly expanding our course range. We currently offer the following courses:

Leadership and Management

- Managing staff for the first time
- Step up to management
- Strategic planning in a day
- Managing chaos
- How to manage and motivate staff

People Skills

- Dealing with difficult people
- Influencing and persuading skills
- Outstanding reception and customer service skills
- T.E.A.M - Together Everybody Achieves More!

Finance

- Finance for non accountants
- An introduction to budgeting
- Pricing and costing

Essential skills

- Time management
- Report writing plus
- Confident public speaking
- Problem solving and decision making
- Negotiation skills
- How to use KPIs
- Email excellence

Specialist courses

- TetraMap - harvesting the power of natural differences
- Train the trainer

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